

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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PAUL J ABARCA  
10 SAINT FRANCIS DRIVE  
CHICO, CA 95926

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SHON P ABERCROMBIE  
1471 ORCHARD RD  
HOLLISTER, CA 95023



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DOMINIC ACDILLO  
2761 VALLEY WOOD DR  
SAN BRUNO, CA 94066

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ERNESTO AGUINAGA  
3226 FOREST DR  
STOCKTON, CA 95209



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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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LUIS A AGUIRRE  
3821 AQUA VISTA  
OAKLAND, CA 94601

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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GORGE ALANAS  
1554 EAST J ST  
OAKDALE, CA 95361



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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OSCAR ALDERETE  
220 WEBER ST  
WOODLAND, CA 95695

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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DEMARCUS C ALEXANDER  
6632 BRANN ST  
OAKLAND, CA 94605



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

DYLAN ALLEN  
333 LAUREL AVE  
OAKDALE, CA 95361

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JESUS ALVARADO  
3201 23RD STREET  
APT 104  
SAN FRANCISCO, CA 94110



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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DENNIS ALVAREZ  
208 KENT PLACE  
SAN RAMON, CA 94583

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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KARISSA M ALVAREZ  
1890 RIVER DR  
STOCKTON, CA 95204



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

JAMES AMENDOLA  
3941 TALLYHO DRIVE  
SACRAMENTO, CA 95826

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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ALLISTER ANASCO  
8 CRESTLINE AVE  
DALY CITY, CA 94015



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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**Date:** November 21, 2018

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PETER ARMENTA  
3711 TOWNSEND CIRCLE  
STOCKTON, CA 95212

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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MARK ARTUZ  
2362 GREENDALE DR  
SOUTH SAN FRANCISCO, CA 94080



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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ALVIN R AUSTIN II  
4562 LINDEN AVE  
LONG BEACH, CA 90807

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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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DERRICK R AVILEZ  
5530 ESMAR RD  
CERES, CA 95307



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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MICHAEL BARBIERI  
2614 NOTRE DAME DR  
SACRAMENTO, CA 95826

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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CHARLES BARNES  
5125 PANAMA AVENUE APT A  
RICHMOND, CA 94804



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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SPENCER BAXTER  
4504 JENKINS WAY  
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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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THOMAS C BELL  
P. O. BOX 792  
UNALASKA, AK 99685



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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JAMES H BENO  
785 ALMOND STREET  
VACAVILLE, CA 95688

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ETHAN BENTON  
3662 38TH AVE  
OAKLAND, CA 94619



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ERICK BERMUDEZ  
286 CARLISLE WAY  
BENICIA, CA 94510

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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

BRYAN BERRY  
231 SEXTUS RD  
OAKLAND, CA 94015



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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DEBRA K BIRD  
2310 E TRENTON  
FRESNO, CA 93720

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ERASMO BIRRUETA  
7150 EIGLEBERRY ST  
GILROY, CA 95020



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CHRIS J BISI  
1260 VALLERAND RD  
TRACY, CA 95376

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

RYAN G BLAKEMAN  
745 KEARNEY ST  
BENICIA, CA 94510



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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HALEY A BLANCK  
3856 35TH AVE APT 2  
OAKLAND, CA 94619 1400

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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CHRIS BLANCO  
3784 WOODLEAF COURT  
SAN JOSE, CA 95117



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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MIGUEL A BOJORQUEZ  
4777 GROUSE RUN DR. #268  
STOCKTON, CA 95207

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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ANDREW P BOLOGNA  
750 GONZALEZ DR. APT. 11M  
SAN FRANCISCO, CA 94132



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Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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DAVID L BONNER SR  
555 11TH STREET  
RICHMOND, CA 94801 2719

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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HERBERT BRECKENRIDGE  
1630 W SUNNYVIEW  
VISALIA, CA 93291



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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ROBERT BREGANTE  
2563 TOLTEC CIRCLE  
SAN RAMON, CA 94583

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CHRISTOPHER J BROOKSHIRE  
1468 JOHANNA DR  
RIPON, CA 95366



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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MARIA E BROUSSARD  
3503 CAPILANO CT  
MERCED, CA 95340

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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LANGFORD BROWN  
3614 GREEN ACRE RD  
OAKLAND, CA 94619 2725



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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TIMOTHY A BROWN  
2500 DEER VALLEY RD #1425  
SAN RAFAEL, CA 94903

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JAMES M BURKETT  
8980 TURBINE WAY  
RENO, NV 89506 8719



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

PATRICK J BUSZKIEWICZ  
1678 HOLLYHOCK ST  
LIVERMORE, CA 94551

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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RAFAEL C CABRERA  
3966 SIERRA ST  
RIVERBANK, CA 95367



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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MANUEL CACOILO  
2869 CICERO WAY  
SAN JOSE, CA 95148 2905

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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RYAN CALHAN  
249 REICHLING AVENUE  
PACIFICA, CA 94044



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

TAMARA CANO  
501 RYAN AVE  
MODESTO, CA 95350

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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*In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan.*

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CESAR CARABAJAL  
1700 PACIFIC AVE  
SAN LEANDRO, CA 94577



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JOHN S CARDOSO  
247 S 16TH ST  
SAN JOSE, CA 95112

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756

TELEPHONE (800) 635-3105 | FAX (925) 588-7121

[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

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EDWIN CARRILLO GUERRA  
234 BARRETT AVE  
RICHMOND, CA 94801



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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RICKY A CAUSEY  
9620 CORDOBA BLVD.  
SPARKS, NV 89441

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**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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JEREMY M CELAYA  
2374 SOUTH SABRE AVE  
FRESNO, CA 93727



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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SIU M CHAN  
385 MANDARIN DR  
APT 16  
DALY CITY, CA 94015

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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**Date:** November 21, 2018

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MARCU CHANCE  
57 DOLORES DR  
VALLEJO, CA 94590



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RYAN CHAPMAN  
4151 MODDISON AVENUE  
SACRAMENTO, CA 95819

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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PHILLIP CHAVEZ  
2109 WINSLOW COURT  
MODESTO, CA 95355



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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CLAYTON CHERRY  
4708 WISE RD  
LINCOLN, CA 95648

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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STEVEN M CHRISTIE  
1826 SPRUCE ST  
LIVERMORE, CA 94551



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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MARTIN M. CISNEROS  
647 N SUNRISE AVENUE  
REEDLEY, CA 93654

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

CHASE CLARK  
PO BOX 474  
DELHI, CA 95315



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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DAVID C CLAY  
811 KATHRYN DRIVE  
HOLLISTER, CA 95023

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CHAD CLEORY  
4077 GOLF DR  
SAN JOSE, CA 95127



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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KEVIN COLE  
PO BOX 2152  
MARTINEZ, CA 94553

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

ROBERT B COLE  
P O BOX 620471  
WOODSIDE, CA 94062



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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ROBERT J COLE  
2334 VERA AVE  
REDWOOD CITY, CA 94061 1228

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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PATRICK M COLLINS  
1152 MT DEW AVE  
MANTECA, CA 95336



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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RUSSELL CONGE  
2751 CARLTON CT.  
SAN PABLO, CA 94806

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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MICHEAL COOKE  
620 BROOKLYN AVE #1  
OAKLAND, CA 94606



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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ARMANDO CORONA JR  
1130 BREKER WAY  
SPARKS, NV 89431

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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ETHAN L COX  
1713 HARDING WAY  
ANTIOCH, CA 94509



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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GARY D CRAIG  
477 WINEMAKER ST  
LOS BANOS, CA 93635

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RANDY CUNNINGHAM  
2620 MYERS WAY  
TURLOCK, CA 95380



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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JOSHUA AVELI CUTINO  
220 RED OAK DR WEST  
UNIT B  
SUNNYVALE, CA 94086

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ALEXANDER DABERDAKU  
680 CASTRO STREET  
MARTINEZ, CA 94553



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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WENDY A DAHLSTROM  
1470 LAURENITA WAY  
ALAMO, CA 94507

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756

TELEPHONE (800) 635-3105 | FAX (925) 588-7121

[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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RICHARD P DAMELE  
2225 KENT ST  
SAN MATEO, CA 94403



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756

TELEPHONE (800) 635-3105 | FAX (925) 588-7121

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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

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### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

DONNA P DAVIS  
2149 FIRST ST. #1  
LIVERMORE, CA 94550

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
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Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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ANTONIO DE LA TORREGARCIA  
2909 TULLY RD  
MODESTO, CA 95350 2127



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CHRISTOPHER A DEAN  
3749 E FEEMSTER AVE  
VISALIA, CA 93292

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CARTER DEANE  
540 SEALE AVE  
PALO ALTO, CA 94301



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

MARK DEBOTTIS  
2348 SCENIC DR  
MODESTO, CA 95355

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JOAQUIN DELGADO  
1524 LUCERNE AVE  
STOCKTON, CA 95203



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JOSEPH DEMSON  
3613 CANYON VILLAGE CIRCLE  
SAN RAMON, CA 94583

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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CARLO DEVERA  
1850 PARKSIDE DRIVE  
CONCORD, CA 94519



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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Date: November 21, 2018

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EDGAR DIAZ AREVALO  
3310 PACIFIC AVENUE APT 1  
STOCKTON, CA 95204

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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RUDOLF DOMINGO  
5405 JUNCTION PEAK DR  
SPARKS, NV 89436



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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ALAN DONOHOE  
127 W COLMA DR  
MOUNTAIN HOUSE, CA 95391

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JOHN W DRONYK  
2851 HOLLAND AVE  
CLOVIS, CA 93611



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GEORGE DUARTE  
19 E 22ND STREET  
TRACY, CA 95376

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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ERIC M ECKARD  
4960 W. STRATFORD CT.  
WASILLA, AK 99623



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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BRENT K EGLE  
911 BERENDSEN CT.  
CLAYTON, CA 94517

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756

TELEPHONE (800) 635-3105 | FAX (925) 588-7121

[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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MICHAEL ELFTMAN  
PO BOX 22  
RICHVALE, CA 95974



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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FRANCISCO ELIAS  
27653 PENSACOLA WAY  
HAYWARD, CA 94544

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However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

GREGORY W ELROD  
13567 E RIALTO AVE  
SANGER, CA 93657



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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PITTSBURG, CA 94565 5371

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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EDWIN ESCANILLA  
999 W EVELYN TER  
APT 37  
SUNNYVALE, CA 94086



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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LENARD ESPINOZA  
2325 COUNTRY MANOR DR  
RIVERBANK, CA 95367

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

DORIAN J FALL  
561 KEYSTONE AVE #242  
RENO, NV 89503



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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WILLIAM FARROW  
4747 SEACREST DR  
SEASIDE, CA 93955

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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BRIAN J FEALY  
4015 SHEFFIELD DRIVE  
ANTIOCH, CA 94530



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

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MARK M FERGUSON  
570 LORI DR  
BENICIA, CA 94510

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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Date: November 21, 2018

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SCOTT FERRELL  
120 HELEN AVE  
MODESTO, CA 95354 211



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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RUBEN FIGUEROA  
1164 CURTISS AVE APT 1A  
SAN JOSE, CA 95125

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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KYLE E FINCH  
642 MATSON DR  
NAPA, CA 94558



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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PAUL FINN  
239 MOUNT VERNON AVE  
SAN FRANCISCO, CA 94112 3631

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PETE FORDAHL  
1151 HAMPTON CT  
BRENTWOOD, CA 94513



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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MARK A FROLING  
220 HART LN  
BEN LOMOND, CA 95005

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ERIC GAITAN  
2172 BURTON AVENUE  
PITTSBURG, CA 94565



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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CHARLES R GALLINO  
PO BOX 347  
BETHEL ISLAND, CA 94511 347

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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AMY GAMMON  
1842 TUOLUMNE ST  
VALLEJO, CA 94589



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

ELISANDRO GARCIA  
239 4TH ST  
RICHMOND, CA 94801

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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HECTOR GARCIA  
1146 ROSEMARY AVE  
DINUBA, CA 93618



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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SCOTT A GARCIA  
125 HEARTLAND RANCH AVE  
PATTERSON, CA 95363

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CARL E GARDNER  
3931 COFFEE RD. #36  
MODESTO, CA 95355



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

GERRY C GERONIMO  
23 NEW HAMPSHIRE CIR  
SALINAS, CA 93905

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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NANCY GIESKE  
5095 CANYON CREST DRIVE  
SAN RAMON, CA 94582



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JEREMY GILBERT  
2021 CASTRO STREET  
MARTINEZ, CA 94553

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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CHRISTOPHER GODINEZ  
20 ROBERTS ST  
BAY POINT, CA 94565



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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CHRIS GONZALES  
481 EUREKA ST  
SAN FRANCISCO, CA 94114

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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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ANGEL X GONZALEZ  
515 MERCEDES AVENUE  
MANTECA, CA 95337



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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JOHN R GONZALEZ  
1517 BREHLER AVE  
SANGER, CA 93657

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PEDRO GONZALEZ  
37 HUERTA STREET  
GREENFIELD, CA 93927



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KENNETH GRANT  
680 FIVE OAKS CT  
HOLLISTER, CA 95023

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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TONY GREEN  
1720 S SAN JOAQUIN ST  
STOCKTON, CA 95206



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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ALIA GRIFFING  
3351 DUCKHORN DRIVE APT 424  
SACRAMENTO, CA 95834

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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DARREN L HALL  
730 PINE COURT  
MARTINEZ, CA 94553



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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STEVEN HANRAHAN  
3147 PUFFIN CIRCLE  
FAIRFIELD, CA 94533

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

KYLE HARDCASTLE  
984 SPRINGWOOD COURT  
RODEO, CA 94572



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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WILLIAM T HARRINGTON  
6138 E NEVADA AVE  
FRESNO, CA 93727

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JENNIFER E HEINSCHL  
1202 MAXWELL LANE  
REDWOOD CITY, CA 94062



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JOSHUA HEMINGWAY  
1241 ALLEN STREET  
OAKDALE, CA 95361

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

HAROLD HENDRY  
319 VALLEY HIGH DR  
PLEASANT HILL, CA 94523



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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MICHAEL R HENDRY  
1643 BEECHWOOD DRIVE  
MARTINEZ, CA 94553

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CRYSTAL HEREDIA  
1457 MADELINE RD  
SAN PABLO, CA 94806



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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SARAY HEREDIA  
1457 MADELINE RD  
SAN PABLO, CA 94806

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CHRIS M HERNANDEZ  
2093 TROMBAS AVE  
SAN LEANDRO, CA 94577



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
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**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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JUDITH HERNANDEZ  
1109 BROADMOOR DR  
NAPA, CA 94558

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JOHN HERRERA  
6 AVOCET COURT  
SACRAMENTO, CA 95833



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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ROBERT T HILL  
1818 UTAH ST  
FAIRFIELD, CA 94533

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JEFFERY HILLARD  
1551 HALL AVE  
HOLLISTER, CA 95023



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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DARRYL J HITON  
2984 CALAVERAS DR  
FAIRFIELD, CA 94534

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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BENJAMIN M. HOBBS  
4721 KELSEY PLACE  
STOCKTON, CA 95207



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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DAVID HOLLAND  
1526 MODOC AVENUE  
MODESTO, CA 95358

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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CHRISTOPHER HOPKINS  
1466 DONNER AVE  
CLOVIS, CA 93611



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

JASON HOPSON  
640 CURRAN DR  
WATERFORD, CA 95386

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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DAVID HORTADO  
1721 N BERKLEY AVE  
STOCKTON, CA 95205



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ANALISA HUGGARD  
4042 JOYCE DR  
CONCORD, CA 94521

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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DOUGLAS HUGGARD  
4042 JOYCE DR  
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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

JAMES HUNSICKER  
4129 E CORTLAND  
FRESNO, CA 93726

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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WILLY T JABONERO  
2451 OLIVERA RD #E-13  
CONCORD, CA 94520 1642



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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THOMAS A JACOBS  
20045 W DAYTON AVE  
HILMAR, CA 95324

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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MICHAEL JAMES  
3138 BERKSHIRE STREET  
PLEASANTON, CA 94588



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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Date: November 21, 2018

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PETER S KELKER  
5407 PIPER LANE  
OAKLEY, CA 94561

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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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MARK W KENYON  
6668 BRANCHWATER WAY  
CITRUS HEIGHTS, CA 95621



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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JAMESON T KERN  
877 35TH STREET  
OAKLAND, CA 94608

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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KEVIN M KERNS  
38 LA COLINA TER  
ANDERSON, CA 96007



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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HIEP KHUC  
4540 OAKDALE STREET  
UNION CITY, CA 94587

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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DAVID KINDER  
4809 ALEX DRIVE  
SAN JOSE, CA 95130



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CODY A KIRKPATRICK  
315 EDWARD AVE  
MANTECA, CA 95336

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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MASON E KLUG  
1036 CROSSRIDGE DR  
BRENTWOOD, CA 94513



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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ANDREW KNOTT  
1079 SILVER BROOK PL  
MANTECA, CA 95337

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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

MICHAEL L KOCH  
PO BOX 623  
FERNLEY, NV 89408



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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KALEB KRENKA  
639 MAPLE ST  
ELKO, NV 89801

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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WILLIAM M LA MARCHE  
7682 LAURIE WAY  
SACRAMENTO, CA 95832



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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42 BRIONES CT  
PITTSBURG, CA 94565

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

PATRICIA LARRIEGA  
74 S CORTADILLO ST  
MOUNTAIN HOUSE, CA 95391



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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PATRICK A LAYGO  
42 SOUTHDAL E AVENUE  
DALY CITY, CA 94015

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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TIM E LEPLEY  
1000 WEST G STREET  
OAKDALE, CA 95361



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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TYLER J LEWIS  
205 SPRING AVE  
MORGAN HILL, CA 95037

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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MICHAEL LINDSEY  
1220 MELROSE AVENUE  
MODESTO, CA 95350



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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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MARC LOKEY  
315 NORTH 17TH ST  
SAN JOSE, CA 95112

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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KEVIN D LONG  
256 SULLIVAN WAY  
HAYWARD, CA 94541



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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JESUS LOPEZ JR  
2521 HILLCREST ST  
SELMA, CA 93662

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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PABLO NINO LOPEZ  
743 E LORETTA CT  
STOCKTON, CA 95207



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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TODD LORIMOR  
5230 PEBBLE GLEN DR.  
CONCORD, CA 94521

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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ANDREW LOZA  
2921 BLUEBONNET CT  
ANTIOCH, CA 94531



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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HERMINIA A LUGO  
101 N EMERALD AVE. APT. B  
MODESTO, CA 95350

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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JOSERICARDO LUKE  
1809 WOODLAND AVE  
MODESTO, CA 95358



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

THOMAS MACDOUGALL  
1050 OAK GROVE RD APT 28  
CONCORD, CA 94518

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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ALLAN MACIAS-MALDONADO  
1421 PEPPERTREE LN  
MODESTO, CA 95355



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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GORDON F MACKILL  
1214 BROKEN SPUR WAY  
PLUMAS LAKE, CA 95961

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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MELISA K MAES  
1053 MARIA DR  
OAKDALE, CA 95361



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

EDUARDO MAGANA GUTIERREZ  
997 OWSLEY AVE.  
SAN JOSE, CA 95122

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JOSH L MALAER  
9368 HOLIDAY CT.  
RENO, NV 89506



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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RAYMOND D MARCUS  
3999 LONE TREE RD  
HOLLISTER, CA 95023

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JOSHUA MARLISA  
3953 KENTWOOD CT  
RENO, NV 89503



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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JOEL MARQUEZ  
8295 VIERRA KNOLLS DR  
SALINAS, CA 93907

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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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AARON W MARSHALL  
2812 CORNELINS DR  
SAN PABLO, CA 94608



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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TYLER MARTINEZ  
46520 SKYLINE RIDGE RD  
COARSEGOLD, CA 93614

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FRANK C MATTEUCCI  
792 SYCAMORE AVE  
HAYWARD, CA 94544



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JAMES F MAZARIEGOS  
100 ZINNIA CIR  
VALLEJO, CA 94591

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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JEFFREY MCALPIN  
2625 ORANGE WAY  
ANTIOCH, CA 94531



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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LAWRENCE MCCLENDOWN  
301 10TH STREET  
OAKLAND, CA 94607

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CONNOR R MEDEIROS  
16687 COLUMBIA DR  
CASTRO VALLEY, CA 94552



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JAMES M MENDES  
3929 WRIGHT ST  
TURLOCK, CA 95382

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However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

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We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Automotive Industries Welfare Fund may use aggregate information it collects to design a program based on identified health risks in the workplace, the Health Dynamics Program will never disclose any of your personal information either publicly, to the Fund or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to the Fund, your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

DANIEL G MENDIOLA  
732 NORTH FORDHAM AVE  
CLOVIS, CA 93611



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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WILSON MENDIZABAL  
2823 TARA HILLS DRIVE  
SAN PABLO, CA 94806

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JACOB MIKKAWI  
1129 KILLARNEY LANE  
BURLINGAME, CA 94010



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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YUSEF K MOBLEY  
P O BOX 28982  
OAKLAND, CA 94604

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

BYRON MOLINA  
347 LAURIE MEADOWS DR  
APT #403  
SAN MATEO, CA 94403



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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EFREN R MONROY  
1985 CALAVERAS CT  
TRACY, CA 95377

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ANDREWS MONTGOMERY III  
5722 WALTRIP LANE  
SAN JOSE, CA 95118 3462



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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OSCAR MONTOYA  
4686 VISIONS DRIVE  
TURLOCK, CA 95382

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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JAMES M MOORE  
682 TAMALPAIS AVE  
NOVATO, CA 94947



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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JACOB MORA  
19 BURBANK AVE  
REDWOOD CITY, CA 94063

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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RAFAEL MORALES  
1111 FUNSTON AVE.  
PACIFIC GROVE, CA 93950



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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RANULFO MORALES  
169 15TH ST APT #4  
SAN JOSE, CA 95112

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ABRAHAM MORENO  
1520 E MILLARD WAY  
DINUBA, CA 93618



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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TIMOTHY W MUELLER  
2537 NORDELL AVE  
CASTRO VALLEY, CA 94546

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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VICTOR NAVARRO  
123 EAST STREET  
HOLLISTER, CA 95023 4005



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

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RICARDO E NEVAREZ  
1216 ALDER CREEK CIRCLE  
SAN LEANDRO, CA 94577

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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EDWARD NEW  
1535 SPRINGVILLE WAY  
TURLOCK, CA 95380



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

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### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

QUAN T NGO  
3334 KERNER BLVD  
SAN RAFAEL, CA 94901

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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HA V NGUYEN  
2075 BANCROFT AVENUE  
SAN FRANCISCO, CA 94124



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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NATHAN NICOLAY  
2975 MISTY MEADOW DRIVE  
TRACY, CA 95377

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CHRISTIAN S NOOL  
1779 DALTON DRIVE  
MILPITAS, CA 95035



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

JOSE NUNEZ  
1048 W FLORA ST  
STOCKTON, CA 95203

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JAMES A OGELVIE  
272 LA QUESTA DRIVE  
DANVILLE, CA 94526



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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STEVE OLDER  
1314 WINDERMERE WAY  
CONCORD, CA 94521

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ANTHONY ORANTES  
33 RIALTO DRIVE  
CLAYTON, CA 94517



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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JAIRO OROZCO  
136 GRACE AVE  
PALO ALTO, CA 94303

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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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As a reminder, the following rules apply (Plans A and B only):

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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EMILIO N ORTIZ  
1132 S. CARRIAGE AVE.  
FRESNO, CA 93727



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JUAN ORTIZ  
2613 N PERSHING AVE  
STOCKTON, CA 95204

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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DYLAN OXENRIDER  
4442 SACRAMENTO AVE AVENUE  
FREMONT, CA 94538



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RICHARD PALMA  
2311 FIELDGATE DR.  
PITTSBURG, CA 94565

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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MICHAEL R PARODI  
1452 GEORGE COURT  
BENICIA, CA 94510



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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VICTOR PATINO SANCHEZ  
1437 ASTER DRIVE APT 37  
ANTIOCH, CA 94509

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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PETE R PEDREGON  
1210 PONTIAC AVE  
CLOVIS, CA 93612



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CARLOS PEREZ  
4520 MERCED COMMON  
FREMONT, CA 94536

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

SCOTT A PEREZCHICA  
600 WOLFE AVE  
TURLOCK, CA 95380



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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RYAN D PETERS  
150 DROUIN DRIVE APT 23  
RIO VISTA, CA 94571

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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CHANHOME PHANTHAVONG  
742 61ST ST  
OAKLAND, CA 94609



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ERIC PILGER  
1710 E RUMBLE  
MODESTO, CA 95355

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

ANTONIO PIMENTEL  
655 MILESTONE DR  
LATHROP, CA 95330



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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ROBBY PINTOS  
34031 WEBFOOT LOOP  
FREMONT, CA 94555 2475

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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THOMAS PITRE  
7704 CREEKSIDE DRIVE  
DUBLIN, CA 94568



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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SCOTT POLEY  
2941 W LOWELL AVE #44  
TRACY, CA 95377

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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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PETER A POPIEL  
461 MARINE BLVD  
MOSS BEACH, CA 94038



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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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JOSHUA C POPLIN  
2925 CASTRO ST  
MARTINEZ, CA 94553

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JEFFREY L POSS  
400 DOLORES AVE  
HALF MOON BAY, CA 94019



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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STEVEN T POTTER  
748 BUCKEYE CT  
BRENTWOOD, CA 94513

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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MATTHEW PRICE  
383 MANILA DR  
SAN JOSE, CA 95119



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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BRANDON L PROCTOR  
615 SHERREE DR  
MARTINEZ, CA 94553

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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MARK A QUALLS  
POST OFFICE 976  
EMPIRE, CA 95319



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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SCOTT QUINN  
2601 STANFORD WAY  
ANTIOCH, CA 94531

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JESUS QUINONEZ  
5218 MARVUE CIRCLE  
CONCORD, CA 94521



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

PHILLIP A RAE  
1063 ROSITA ROAD  
PACIFICA, CA 94044

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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DAVID RAMIREZ  
14 YARNALL PLACE  
REDWOOD CITY, CA 94063



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ELPIDIO RAMIREZ  
4707 E. COSMOS DR  
STOCKTON, CA 95212

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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RICARDO RAMIREZ  
3132 E. CLAY AVE.  
FRESNO, CA 93702



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

ERNESTO RAMOS  
9805 ROLLING MEADOWS  
LANE  
SALINAS, CA 93907

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JUAN RANGEL  
603 SAN PABLO AVE APT P  
RODEO, CA 94572



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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MARGARITO REYES  
1320 53RD AVE  
OAKLAND, CA 94601

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ROBERT REYNOLDS  
125 EAST GARLAND AVE  
FRESNO, CA 93704



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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SAMMIE L RICE III  
3813 DELANO AVE  
STOCKTON, CA 95204

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**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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IVAN RICHARDS  
120 E WHITTIER AVE.  
TRACY, CA 95376



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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LUIS RODRIGUES  
PO BOX 1115  
HILMAR, CA 95324

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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ALEX RODRIGUEZ  
2218 SANDRINGHAM WAY  
STOCKTON, CA 95209



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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BENIGNO R RODRIGUEZ  
3214 NICOLE ST  
STOCKTON, CA 95205

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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VIBAT RODWIN  
5623 MARIN AVE  
RICHMOND, CA 94805



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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TANNER L ROGGERO  
6141 HILLTREE AVE  
CITRUS HEIGHTS, CA 95621 6311

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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TRAVIS N ROJ  
34395 WIEMILLER RD  
TOLLHOUSE, CA 93667



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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YAVETH ROJAS  
96 HARBOR DR  
BAY POINT, CA 94565

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

RUDY ROMERO  
513 WEST STUART AVENUE  
CLOVIS, CA 93612



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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RICHARD ROSATANO  
1378 5TH AVENUE  
SAN FRANCISCO, CA 94122

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

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PAUL J RUBICK  
3121 GEOFFREY DR  
SAN BRUNO, CA 94066



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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HENRY V RULL  
913 HOLIDAY CT  
CONCORD, CA 94518

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

CARWIN RYAN II  
302 ELWOOD STREET  
SALINAS, CA 93906



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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SENIAN SAELEE  
915 JOHN AVE  
SAN PABLO, CA 94806

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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ANDREW K Saelio  
762 Shell Avenue Apt 6  
Martinez, CA 94553



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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DAJAIN S SALONE  
20177 EARL STREET  
HILMAR, CA 95324

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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AARON SANDIFER  
2305 CALIFORNIA STREET  
EUREKA, CA 95501



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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ALEXANDER SANDOVAL  
955 BOCKMAN RD  
SAN LORENZO, CA 94580

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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BRANDON SANDOVAL  
3402 E BROWN AVE  
FRESNO, CA 93703



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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JOSHUA SANTACRUZ  
180 OAK CREST CT  
TRACY, CA 95377

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DENNIS SATTERFIELD  
2021 CARLETON STREET APT A  
BERKELEY, CA 94704



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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BRYCE R SCHOTANUS  
2133 N. DENTON ST.  
VISALIA, CA 93291

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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LANCE JOSEPH SCHWARTZ  
743 SAN RAMON AVE  
SUNNYVALE, CA 94085



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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KEVIN SCOGGINS  
7064 CASTLE CREEK WY  
RIO LINDA, CA 95673

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JUAN M SEARCY  
333 FRANCISCAN AVE  
STOCKTON, CA 95210



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

RAFAEL SERRANO  
441 NEBRASKA AVENUE #20  
LONG BEACH, CA 90802 7509

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JACOB SEXTON  
524 SODA ROCK PLACE  
OAKLEY, CA 94561



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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DAVID SHIPMAN  
7424 SEAVIEW PLACE  
EL CERRITO, CA 94530

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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COLIN SILOW-NAMBIAR  
1516 ALABAMA AVE  
WEST SACRAMENTO, CA 95691



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

BRIAN H SMITH  
4395 MELODY DRIVE #F102  
CONCORD, CA 94521

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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*In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan.*

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JAMES E SMITH  
1920 WEST WILLOW ST  
STOCKTON, CA 95203



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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VINCENT SMITH  
3254 PINOLE VLY RD  
PINOLE, CA 94564

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

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CHRISTOPHER SNYDER  
3380 ZARAGOZA DR  
SPARKS, NV 89436



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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JASON SNYDER  
280 N BOULDER DR APT 44  
REDDING, CA 96003

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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STEVEN B SOMA  
1256 EDGEWOOD ROAD  
REDWOOD CITY, CA 94062



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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KURT J SONDGROTH  
1083 TWIN CREEKS DRIVE  
SALINAS, CA 93905 4823

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JORGELUIS M SOTO  
PO BOX 1685  
WATSONVILLE, CA 95077



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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CONNIE SOUNGPANYA  
860 FULTON WAY  
EL SOBRANTE, CA 94803

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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VALARIE STEWART  
1320 HAMPTON CT  
DISCOVERY BAY, CA 94505



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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KENT C STRACENER II  
9 CANTERBURY CIRCLE  
VALLEJO, CA 94591 8301

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ANTHONY STRANGIS  
8446 WAYLAND LANE  
GILROY, CA 95020



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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CHRISTOPHER J STRONICK  
832 LA SOMBRA AVENUE  
MODESTO, CA 95354

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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

LAURIE A STRUXNESS  
1512 CHAPALA WAY  
MODESTO, CA 95355



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JASON SUTHERLAND  
15720 CRESTWOOD DR  
APT 618  
SAN PABLO, CA 94806

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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BENNY J TAYLOR  
2162 PEBBLE BEACH CT  
MERCED, CA 95340



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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TROY N THOMAS  
9085 FREMONT WAY  
RENO, NV 89506

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

RAY THOMPSON  
2573 BAYLOR ST  
EAST PALO ALTO, CA 94303



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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MICHAEL TORRANO  
491 BURGOYNE ST  
MT VIEW, CA 94043

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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**Date:** November 21, 2018

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MANUEL A TORRES  
1258 ODDSTAD BLVD  
PACIFICA, CA 94044



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

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TAM TRAN  
7044 VIA ANACAPA  
SAN JOSE, CA 95139 1116

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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BOI TRINH  
2116 7TH AVE  
OAKLAND, CA 94606



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Please keep this important notice with your Plan Document/Summary Plan Description (SPD) for easy reference to all Plan provisions. If you have any questions, you may call the AI Trust Fund Office at (800) 635-3105.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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WILLIAM G TROY  
821 MERICREST ST  
BRENTWOOD, CA 94513

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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BRIAN TRUTNER  
519 SYBIL AVENUE  
SAN LEANDRO, CA 94577



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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GREGORY T TURNER  
8316 NORTHVALE WAY  
CITRUS HEIGHTS, CA 95610

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KEVIN S TYE  
12909 HEIDI CT  
BAKERSFIELD, CA 93314



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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SAMISONI P VAKA  
5667 MERIT WAY  
FREMONT, CA 94538

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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ADAN VALENCIA  
255 PEACH DRIVE  
SAN LORENZO, CA 94580



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ALOONH VANVILAY  
P.O. BOX 793  
EL CERRITO, CA 94530

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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JOSE VARA  
1050 MINNIWAWA APT 175  
CLOVIS, CA 93612



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The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

RUBEN VARGAS  
4444 HARDWICK WAY  
NORTH HIGHLANDS, CA 95660

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JOHN M VASQUEZ  
968 GEORGEANN PLACE  
RIPON, CA 95366



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

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**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ROY VERA  
PO BOX 442  
CARUTHERS, CA 93609

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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ANTIMO VIEIRA  
24433 PALOMARES RD  
CASTRO VALLEY, CA 94552



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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

FRANK VILCHES  
533 PARIS STREET  
SAN FRANCISCO, CA 94112

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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RYAN VILLARON  
5046 GROUSE RUN DRIVE  
STOCKTON, CA 95207 8320



# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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BRUCE A VOLTZ  
1610 BLUEBELL DR  
LIVERMORE, CA 94550

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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P VONGTHAVADY  
1725 1/2 PINE AVE  
SAN PABLO, CA 94806



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4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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ROBERT WAGNER  
391 CORDELIA WAY  
WALNUT CREEK, CA 94597

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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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ERIC WALKER  
5955 ELLERSLEE DR  
CARMICHAEL, CA 95608



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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MATTHEW WALLACE  
3011 LEMMON CT  
HOLLISTER, CA 95023

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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WILLIAM WALLACE  
1302 C STREET  
ANTIOCH, CA 94509



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JEFFREY WANG  
165 MERANO STREET  
DANVILLE, CA 94526

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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

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THOMAS WARREN  
2221 BEGONIA CT  
PITTSBURG, CA 94565



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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CARL F WARTICK  
2808 WHITNEY DRIVE  
FAIRFIELD, CA 94533 6537

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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THOMAS WEBER  
699 LONG BARN DR  
LATHROP, CA 95330



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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THOMAS WEHRMEISTER  
1864 ELDERWOOD DRIVE  
CONCORD, CA 94519

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However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

LEIF WHITE  
1210 DELAWARE ST  
BERKELEY, CA 94702



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

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Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
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Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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JOSHUA J WILBORN  
2702 MAGEE AVE  
SAN PABLO, CA 94806

# AUTOMOTIVE INDUSTRIES WELFARE FUND



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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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From: Board of Trustees, Automotive Industries Welfare Fund Plan

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TY WILLEMSEN  
15866 VIA PINALE  
SAN LORENZO, CA 94580



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

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RANDOLPH B WILLIAMS  
4983 KENTFIELD RD APT A  
STOCKTON, CA 95207

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In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

KYLEESHA WILLIAMS-VEGA  
2205 CASWELL AVE  
CERES, CA 95307



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is **VERY IMPORTANT** to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

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Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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DONALD A WILSON  
19021 QUERCUS COURT  
FIDDLTOWN, CA 95629

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TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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**Date:** November 21, 2018

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MICHAEL WILSON  
9639 VELVET LEAF CIR  
SAN RAMON, CA 94582



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

**Date:** November 21, 2018

**To:** Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

**From:** Board of Trustees, Automotive Industries Welfare Fund Plan

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ROBERT WINTER  
2102 CURTIS DR  
PENNGROVE, CA 94951

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
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DAVID A WITCHER  
6405 MIGONETTE STREET  
BAKERSFIELD, CA 93308



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To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

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- Any cost-sharing credited to your deductible for claims submitted prior to this effective date of the change will not be reimbursed if you will be found to have already surpassed the deductible as of the effective date of the change.

The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

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BRYAN A WONG  
475 SAILWIND WAY  
SACRAMENTO, CA 95831

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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JEFFREY A WOOD  
36970 CLOVERLEAF AVE.  
MADERA, CA 93636



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

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PATRICK Q WOODWARD  
1762 ALRAY DRIVE  
CONCORD, CA 94519

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DAISY YANG  
1822 39TH AVENUE  
OAKLAND, CA 94601



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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

Find a participating provider in your area by calling Health Dynamics at 866-443-0164, option 1.

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**Receipt of this notice does not constitute a determination of your eligibility. If you wish to verify eligibility, or if you have any questions regarding this Plan change, please contact the Trust Fund Office.**

*In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan.*

## **NOTICE REGARDING WELLNESS PROGRAM**

The Health Dynamics Program is a voluntary wellness program available to all participants and eligible spouses in the Automotive Industries Welfare Fund. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include a blood test that is likely more extensive than you would routinely obtain in order to determine certain health risks. You are not required to complete the questionnaire or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of a lower annual deductible. Although you are not required to complete the questionnaire or participate in the biometric screening, only employees who do so will receive lower deductible.

The information from your questionnaire and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks. You also are encouraged to share your results or concerns with your own doctor.

### **Protections from Disclosure of Medical Information**

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Automotive Industries Welfare Fund may use aggregate information it collects to design a program based on identified health risks in the workplace, the Health Dynamics Program will never disclose any of your personal information either publicly, to the Fund or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to the Fund, your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is the Health Dynamics health educator in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your Fund records and personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any Fund benefit decision or employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact the Fund Office at (800) 635-3105.

STEPHEN YATSKO  
1090 CAROLAN AVE APT 205  
BURLINGAME, CA 94010 2581

# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

To: Participants in the Automotive Industries Welfare Fund Plan (including COBRA Participants) who are enrolled in one of the Indemnity Plans (A, B or C)

From: Board of Trustees, Automotive Industries Welfare Fund Plan

This Participant Notice provides information that is VERY IMPORTANT to you and your dependents. Please take the time to read it carefully.

## HEALTH DYNAMICS PROGRAM AND DEDUCTIBLE CHANGES EFFECTIVE JANUARY 1, 2019

Depending on your Plan, for services received on or after January 1, 2019, your deductible will change as outlined in the chart below. However, if **you (and your eligible spouse or domestic partner if applicable)** get a **FREE** comprehensive health exam through the Health Dynamics Program, you may be eligible to reduce your deductible. This health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, assesses your nutritional status and fitness and helps keep you on track to maintain optimal health.

Plan Option	2019 Calendar Year Deductible	2019 Decreased Deductible for participation in Health Dynamics Program
Plan A	\$400/individual or \$800/family	\$200/individual, \$400/family
Plan B	\$1,000/individual or \$3,000/family	\$500/individual, \$1,500/family
Plan C	\$1,000/individual, \$2,000/family	<u>No change</u> - \$1,000/individual, \$2,000/family

This 2019 deductible will become effective for services on or after January 1, 2019. However, Plan A and B Participants and spouses/domestic partners who have previously completed a Mobile Unit or Health Dynamics Program exam in 2017 or 2018, or who complete their comprehensive health exam through the Health Dynamics Program by January 31, 2019 may reduce their 2019 deductible. **Those Plan A and B Participants who have not completed their Health Dynamics exam by the January 31, 2019 deadline will not have the opportunity to reduce their deductible for 2019.**

As a reminder, the following rules apply (Plans A and B only):

- Once you have completed the Health Dynamics exam and all documentation demonstrating the satisfaction of this requirement has been received by the Trust Fund Office, your deductible will be decreased as noted above.
- This change will become effective for claims submitted on or after the first of the second month following the Fund Office's receipt of this documentation. For example, if you complete your Health Dynamics exam and the documentation is received by the Trust Fund Office in January 2019, your deductible will be reduced effective for claims submitted on or after March 1, 2019.
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The Health Dynamics health evaluation is **absolutely free** and will provide you with a health profile that identifies any potential health concerns, and assesses your nutritional status and fitness and helps keep you on track to maintain optimal health. While the increased deductible does not apply to Participants in Plan C, **Plan C participants may still obtain this free health evaluation** to receive this valuable and personalized health information.

The exam typically takes about two hours to complete. It begins with a questionnaire and includes a physician-directed physical, a lab panel that is likely more extensive than you would routinely obtain from your primary-care physician and tests that evaluate your heart, lungs and potential cancer risks. Nutritional intake, cardiovascular fitness, strength, flexibility, body composition and stress inventory are also tested. After completing your exam, you may participate in a personal-consultation session with a health educator to review the results. Your educator will make recommendations and suggestions specific to your unique health, fitness and nutritional status. Knowing what you need to do is essential to improving or maintaining your health.

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AARON L YOUNGREEN  
13223 MILAN DR.  
BAKERSFIELD, CA 93306



# AUTOMOTIVE INDUSTRIES WELFARE FUND



4160 DUBLIN BOULEVARD SUITE 400 | DUBLIN, CA 94568-7756  
TELEPHONE (800) 635-3105 | FAX (925) 588-7121  
[www.aitrustfunds.org](http://www.aitrustfunds.org)

Date: November 21, 2018

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GABRIEL ZAMBRANO  
518 KLAMATH CT.  
HAYWARD, CA 94541