

Getting back on top of your life isn't always easy

Navigating health care can be hard. Everyone needs a little extra support.

Did you know that cost is not directly correlated with quality? You could end up paying more out of pocket and still not get the quality treatment you deserve. It's time to make informed decisions for your health and your wallet. Take a minute to learn more about programs available to Automotive Industries Welfare Fund members.

LiveHealth Online

1-888-548-3432 livehealthonline.com

Get support — in real time — from a digital health assistant. Visit with an in-network doctor online using your smartphone, tablet or computer with a webcam. With LiveHealth Online you'll:

- Visit with a board-certified doctor face-to-face or through private and secure video, in English or Spanish.
- Enjoy convenient evening and weekend sessions.
- Get quick access to a doctor in just minutes.

Anthem Benefit Advisor

1-844-437-0488 (phone service only)

Your dedicated advisor can guide you through the maze of health care by doing research and sharing options to help you make an informed decision. Your advisor:

- Finds doctors, a primary care physician (PCP), and medical facilities (including urgent care) near you.
- Offers details on quality providers, compares treatments and checks cost comparisons.
- Connects you with programs and resources.

Customer call center hours are Monday through Friday, 5 a.m. to 8 p.m. PT (closed on holidays).



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24/7 NurseLine

1-866-670-1565 (phone service only)

Health concerns come up at the most inconvenient times and places. That's why 24-hour access to a registered nurse is so valuable. These trained medical professionals answer questions about everything from allergies to earaches. Plus, our nurses:

- Help you understand your symptoms, medical condition and course of treatment.
- Help lower health care costs by encouraging you to access care in the right setting (emergency versus urgent care).
- Provide referrals to LiveHealth Online.
- Share and enroll you in valuable health programs.
- Remind you about important screenings and exams.
- Guide you during catastrophes and health outbreaks.
- Offer links to educational videos or audio topics.

Do you speak a language other than English? Spanish-speaking nurses and other caring translators are available.



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See the back of your Anthem ID card for additional contact information.